

Nutrients 101

Cycling in Systems Impacts on Freshwater





Eric Booth, PhD Research Scientist - Hydroecology







Explore the history

The Alchemy A Jewish Genius, $_{\rm of}A$ a Doomed Tycoon, and the Scientific Discovery That Fed

Discovery That Fed the World but Fueled the Rise of Hitler

THOMAS HAGER

THE DEVIUS ELEMENT

PHOSPHORUS AND A WORLD OUT OF BALANCE

DAN EGAN

BEST-SELLING AUTHOR OF THE DEATH AND LIFE OF THE GREAT LAKES

Why are we here?

- Representatives from across this diagram working together to <u>improve water quality</u>
 - Shared responsibility
- While also supporting:
 - Food production
 - Waste management
 - Human health
 - Human livelihoods (urban, rural)
 - Environmental health
 - Climate change mitigation



Why are we here?

N & P ENHANCE PHOTOSYNTHESIS

- 1. Addition of fertilizers containing N and P have long been known to stimulate growth of agricultural plants
 - Manure used for Neolithic agriculture
 - Portion of that additional N and P is now in 8.2 billion people
- 2. Losses of N and P from agricultural systems to water bodies can stimulate growth of algae and aquatic plants
 - And can be toxic to humans and ecosystems





Answering some basic questions

- What is nitrogen and phosphorus? Why are they important?
- What forms do they take?
- How has their cycling changed through time?
- What impact do they have on water bodies and human water use?
- How do they get into our water bodies?
- How have we tried to keep them out of our waters?



Nitrogen

- Essential building block of life
 - Amino acids (proteins)
 - Nucleic acids (RNA, DNA)
 - Energy transfer molecule (ATP)
- 3% of human body mass
- 78% of Earth's atmosphere is N₂ gas (atmophile)
- Only 0.0019% of Earth's crust





Nitrogen

- N₂ is unusable by vast majority of living organisms
- Mineralization impacted by temperature
- Denitrification requires very low oxygen



Qiu et al. 2023



Phosphorus

- Essential building block of life
 - Proteins, carbohydrate polymers, DNA, RNA, cannot be made without P
 - Synthesis of all complex molecules of life is powered by energy released by phosphate bond in ADP→ATP
 - Main component of bone and teeth
- 0.6% of human body mass
- 0.1% of Earth's crust (11th place) (lithophile)
 - But quite 'scarce' relative to N





Phosphorus

- Majority is unavailable at a given time (fixation)
 - Bound to Fe, Mg, Al, Ca, Mn
- Needs to be dissolved for plant uptake (mineralization)
 - Dependent on temperature, pH, oxygen availability, bacteria / fungi



Key differences in N and P cycling

Nitrogen has a gaseous phase & is readily dissolved

Phosphorus binds to soil particles

Human acceleration of N & P cycles

 The invention and discovery of synthetic (N) and mined (P) fertilizer was the start of a massive global biogeochemical experiment that still continues





Gruber and Galloway 2008



D. Cordell et al./Global Environmental Change 19 (2009) 292–305



* only a fraction of applied mineral P is taken up by crops in a given year, the balance comes from the soil stocks, either from natural soil P, or build up from previous years and decades of fertilizer application.

What impacts do excess N & P have on water bodies and human water use?

- Water quality depends on use
 - Drinking, recreation, ecosystem, aesthetics
- Nitrogen & phosphorus can be limiting nutrients for aquatic plant and algal growth
 - In most freshwater systems, P is limiting but depends on N:P ratio
 - In most estuary and coastal, N is limiting
- Eutrophication
 - Harmful algal blooms, hypoxia
- Nitrate in drinking water
 - Blue baby syndrome
 - Increased risk of certain types of cancer





Nutrients & Water Quality

- Connection between nutrients and water quality indicators can be quite complex
- Algal concentration depends on weather and food web (grazing)
- Physical habitat can be altered without nutrients



Nutrients & Water Quality

- Connection between nutrients and water quality indicators can be quite complex
- Algal concentration depends on weather and food web (grazing)
- Physical habitat can be altered without nutrients



Wang et al. 2007

How does N & P get into our waters?

Nitrogen movement from land to water

- Nitrate is highly mobile
- Primarily lost via leaching to groundwater
 - Most drainage happens in fall and late-winter, earlyspring

a. Soil-plant N cycle



Nitrogen movement from land to water



Lyu et al. 2021

Phosphorus movement from land to water



Bundy & Sturgul, 2004

Phosphorus movement from land to water

• Retention, recycling, and release in streams, wetlands



movement – Daily scale

• Driven by rainfall / runoff



Nutrient processing within water bodies



Wurtsbaugh et al. 2019

Legacy nutrients and time lags

- Agricultural soils store a lot of excess P and organic N
- Nitrogen: groundwater flow paths are long and slow
- Phosphorus: P-bound sediment moves very slowly (and episodically through stream-lake-river networks)





Phillips and Lindsey 2003

Legacy nutrients and time lags

- Agricultural soils store a lot of excess P and organic N
- Nitrogen: groundwater flow paths are long and slow
- Phosphorus: P-bound sediment moves very slowly (and episodically through stream-lake-river networks)





How have we tried to keep excess N & P out of our waters?

- Wastewater treatment
- Agricultural nonpoint sources



Copyright © 2005 Pearson Prentice Hall, Inc.

Wastewater treatment

- Leveraging the knowledge of nutrient cycling
 - Biological nutrient removal
 - Manipulate oxygen levels
 - Encourage denitrification
 - Chemical treatment
 - Encourage P precipitation
- New technologies but expensive
- Movement towards nutrient recycling (circularity)



Strategies to reduce excess losses of N & P from agricultural land

• <u>TRANSPORT</u>: reduce transport of existing N & P in soil & watershed



• <u>SUPPLY</u>: reduce supply of existing N & P in soil & watershed



P Transport Management

- Reduce erosion and runoff
 - Reduce disturbance
 - Increase ground cover
 - Promote infiltration
 - Target susceptible areas (high slope, shallow water table)
 - Avoid applications at susceptible times
 - Anticipate more extreme rainfall in warming climate







Variation in performance









SnapPlus results for Plano Silt Loam (4% slope) in Dane Co. Dairy rotation = corn grain, corn silage, alfalfa (3 yrs)

N Transport Management

- Reduce leaching
 - Slow-release of nitrate to plants when needed
 - Design system to hang on to nitrogen longer (e.g., cover crops)





N & P Supply Management FEED & MANURE FERTILIZER FERTILIZER Nutrient Inputs Nutrient Inputs

- How do we better balance nutrient inputs and outputs?
 - Increasing productive outputs is one way
 - But cropping systems are inherently leaky (\uparrow inputs, \uparrow losses)

WATERSHED

Nutrient Losses

- Especially nitrate
- Low input systems lead to less losses

Opportunities to reduce N and P along flow path

- Encouraging denitrification (wetlands, floodplains, buffers) and plant uptake
- Encouraging sediment P deposition and retaining / harvesting (?)

Collaborative Landscape Design

- Generating sufficient nutrient credits is a system-level challenge
 - Food, energy, water, ecosystems, society
- Requires engaging with a community of farmers (renters and landowners) and residents
 - Finding solutions for multiple objectives (profitability, keeping a farm)
- Need to normalize high-performance perennial systems
 - Managed grazing, agroforestry
 - Can be profitable with good management

September 2024

BRIDGING A MAJOR DISCONNECT

IDEAS FOR FARM STANDARDS AND SYSTEMS TO ACHIEVE PHOSPHORUS GOALS IN WISCONSIN LAKES AND STREAMS

Dr. Adena Rissman Dr. Eric Booth Madelyn Olson Surya Vir "If we're serious about water quality, we need to take a look at where our rules are in relation to water quality, and relate the fields to the water, and not have this huge disconnect."

- County conservationist

Acknowledgments

- Fellow researchers, land/water managers
- Good quality data and research depends on public funding
 - USDA-NIFA, NSF

Contact: Eric Booth, egbooth@wisc.edu